A BRIEF INTRODUCTION TO CAPTURE-THE-FLAG

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WHAT ARE "CTF"S AND WARGAMES?

• Capture the Flag (CTF)

- Find secrets hidden in purposefully vulnerable programs or websites.
- Competitors vs platform

• Wargame

- Exploit or defend a vulnerability in a system
- Gain or prevent access to a system
- Competitors vs Competitors

• Usually friendly competitions

• Sometimes with monetary prizes

RECOMMENDED INSTALLATIONS

• <u>Kali Linux</u>

• Linux distribution that includes many common hacking tools

Disassemblers/Decompilers (Ghidra)

- Analyzing binaries (.exe)
- Debuggers (<u>Pwndbg for GDB</u>)
 - Analyze program flow

- Web Tools (<u>Burp Suite</u>, <u>Wireshark</u>)
 - Network analysis/packet injection
- Programming (Python, <u>pwntools</u>)
 - Cryptography, reverse engineering
- Fun stuff? (stegosuite)
 - They hide text in images as strings??

PLATFORMS

• <u>https://ctftime.org/</u>

 Calendar/platform for most popular CTFS

• <u>https://capturetheflag.withgoogle.com/</u>

- They have cool Christmas challenges every december
- <u>https://overthewire.org/wargames/</u>
 - Accessible either by download or strictly over ssh

• https://picoctf.org/

- lots of writeups! Geared towards beginners
- Competition only once a year, but can access year round for practice
- <u>https://tryhackme.com/</u>
- https://hackthebox.com/

HOW DO I GET STARTED

- Google is your best friend
- Select challenges for your own skill base
 - Categories
 - OSINT (open-source intelligence), Web, Reversing, Forensics, Pwn, Cryptography
 - Difficulties
- Find a team to compete with
 - Both for variety of skillset and morale
- Read writeups
- Practise!

WRITEUPS

• Most competitions have a writeup portion once the event ends

- Can be for prizes as well
- Players write their approach towards a challenge, successful or not
 - Most made public!
- Recommendations:
 - <u>https://picoctf.org/</u> (lots of writeups!)
 - <u>https://ctftime.org/writeups</u>

DEMO

• https://app.hackthebox.com/starting-point

BONUS

• Cyberpocalyse preview?

